

# NATIONAL X PRESS

THE NATIONAL PRESBYTERIAN CHURCH NEWSLETTER

SEPT/OCT 2005 | VOLUME 4

## SUNDAYS AT NATIONAL

### For Youth and Children

Beginning September 11  
Worship at 9 and 11 a.m.

Childcare from 8:45 a.m. to noon for children 6 weeks to 4 years

**8:45 a.m.**  
Children's Choir

**9 a.m.**  
Children's Church:  
Children worship with families in sanctuary, then Kindergartners -2<sup>nd</sup> Graders are escorted to Children's Church in Room 5.

Youth may worship with youth leaders in sanctuary.

**10 a.m.**  
Children's Sunday School  
Youth Sunday School

**11 a.m.**  
Youth may worship with youth leaders in sanctuary.

**6 p.m.**  
Dinner in Stone Hall

**6:30 p.m.**  
Informal Worship in Chapel with prayer and singing

**7 p.m.**  
Youth Group

## NATIONAL X PRESS

### STAFF

**Editor**  
Richard Armstrong  
**Staff Editor**  
Kate Brinkley  
**Desk Editors**

Worship: Sally Kaplan  
Outreach: Keith Patman  
Congregational Care:  
Sonny Rimback  
Nurture: John Halvonik  
E-mail: XPress@NatPresCh.org  
or call 202/537-7574

## The Three Rs of the NPC Retreat

By Betty Hawthorne

Ask anyone who has been to the All-Church Retreat what they liked most, and I think you'll get one of the same responses we did when we started our retreat committee meeting with that question:

"The speaker's wonderful Bible teaching."

"Just getting away from the everyday pressures."

"Getting to know a few people better."

These were the top three answers. To borrow from an old expression, they're the three Rs of the retreat: Renewal, Rest, and Relationship.

At this year's retreat, October 7-9, the Renewal and teaching will come from Rebecca Manley Pippert, who goes by "Becky." Some of you may have heard her speak before, possibly on the radio, or read one of her books, which include *Out of the Salt-*



Sandy Cove Retreat Center

*shaker and Hope Has Its Reasons.* When Rick and I spoke with her to discuss what her topic for the weekend might be, we were impressed not only by her thoughtful articulation of ideas, but by her warmth. Her questions showed that she cares about who our congregation is and what she can bring to us.

Becky Pippert travels worldwide with her organization, Saltshaker Ministries. At the NPC retreat her message will serve to renew our faith and strengthen us in our walk to follow Christ. We are the people who can be salt and light to the world.

At the Sandy Cove Conference facilities, the "rest" part of the retreat may come from spending time sitting by the bay and reading a book, taking a walk, or swimming in the pool. For some, the free time will be spent in quiet reflection, while others

*Continued on page 2*

## A New Look for the 'Music at National'

By Jan Childress

Recognize this image? Look up at the balcony next Sunday and you'll notice the sanctuary organ's antiphonal pipes framed in the windows above the pews. The graceful spread of the pipes guided graphic designer Kim Kerin in her conceptual design of a new logo, which will be used to announce performances on NPC's concert series, *Music at National*, beginning this fall.



Many local and national performing arts organizations present concerts at our church throughout the year, but NPC's Music Ministry also has its own resident performance series. The new pipe-inspired logo is especially appropriate because Principal Organist William Neil and Associate Organist Mary Mozelle frequently perform solo recitals on the sanctuary's magnificent 6,000-pipe Aeolian-Skinner pipe organ as part of the *Barham Organ Concerts* (named in honor of the late James E. Barham, a beloved parishioner and frequent soloist at morning services).

Distinguished soloists and performing groups from across the nation also are invited by Music Director Michael Denham to perform in the concert series.

The new logo will announce Chan-

*Continued on page 2*  
NATIONAL X PRESS • 1

## Church Retreat

*Continued from page 1*

will choose to regenerate with a jog through the Sandy Cove grounds. Just getting away from home for a couple of days in such a beautiful setting may make it easier to turn our thoughts to higher things than our everyday stresses.

Relationship is the third R of the retreat:

“Spending time with members of the NPC family.”

“Seeing the children having fun.”

“Getting to know people of different age groups.” The friendships forged at the retreat will be renewed each time we gather in community. If you’re single or new to our church



Betty and Rick Hawthorne

family, you may be wondering if the retreat is for you. You may not know many people at NPC. But the retreat is the perfect place and time to build relationships. The discussion groups provide a time to bounce around ideas related to the speaker’s teaching. Meal times can be a particularly fun place to meet and talk with people you haven’t

met before. Some long-time members who are single ask the registration team to match them with a roommate, so they can make a new friend over the weekend. Single rooms are also available.

Last year Chad Weinberg and Sharla Barklind went to the retreat for the first time and by the closing afternoon they had agreed to be co-deans for this year. Jim and Janice Feather are also working with the leadership team, preparing to be deans next year. Year after year, we have been blessed by gracious and devoted leaders.

If you have any questions, please contact us at 301/649-5602. And remember, for most of us our school days are over — the three Rs have changed, and there won’t be a test!

## Music at National *Continued from page 1*

cel Choir performances as well. Led by Denham, these concerts feature the choir’s professional octet of soloists and instrumental ensembles. On Sunday, December 18, the Chancel Choir will perform Vivaldi’s *Gloria* at both morning services. Before the Advent season begins, *Music at National* will open its 2005-2006 concert season on Sunday, September 25, with a performance by the Washington Symphonic Brass at 7:30 p.m. Erik Suter, Organist and Associate Director of Music at the Washington National Cathedral, presents the first recital of the *Barham Organ Concerts* series on Sunday, October 2, at 3 p.m.

Look for the new logo on the NPC music brochures at the Information Desk and information racks outside the sanctuary. A complete listing of all performances during the upcoming concert season also appears on the NPC website ([www.NatationalPres.org](http://www.NatationalPres.org)).

But don’t just look — mark your calendar! Become a part of the series this fall.

## NPC Missions 2005: Incoming and Outgoing

*By Keith Patman*

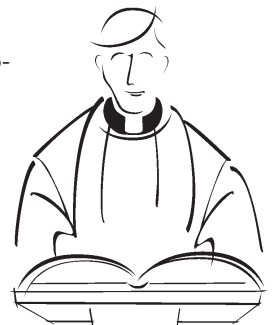
**N**PC members have been active in missions over the summer months. In addition to outreach here in the city, there were trips farther afield. Middle school youth ministered in Mann, West Virginia, and high schoolers served in the Dominican Republic. Several members offered English tutoring at McGilvary Theological Seminary in Thailand. John Wagner took part in outreach to American teens in Italy.

There is still a chance to join a mission trip this year. Spend two weeks in South Africa in mid-October, serving alongside indigenous Christian leaders with NPC’s mission partner, Pro-Vision International. To learn more about this opportunity or to get other missions information, contact the NPC Outreach Office at 202/537-7483.



## PNC Begins Search for Two Associate Pastors

**N**ational’s Associate Pastor Nominating Committee has met weekly since early July, composing a Church Information Form and job descriptions for two positions. Please pray for the committee as they begin considering candidates: Linda Botsford, David Chao, Al Duncker, Janice Feather, Alease Johnson, Harry Johnson, Kathryn Morgan, Keith Patman, and Phyllis Wolfe and Lou Taylor (PCUSA Liaison).



# Sundays at a Glance

## MORNINGS

Premium Coffee Bar in Stone Hall, available from 8:30 a.m. to 12:30 p.m.

Childcare available throughout the morning.

9 a.m.		10 a.m.		11 a.m.	
Worship				Worship	
Children's Church		Children's Sunday School			
Children's Choir		Youth Sunday School			
NPC & Me					
Mustard Seeds					
		Discovering Christ			
		Women's Beth Moore			
		Women's Bible Class			
		Wrestlers			
		Gospel of Mark			
		Guided Tour of Bible			
		Faith & Works			
		Love & Marriage			
		Men's Bible Class			
		Parenting Teens			
		Parenting with Grace			
		Young Professionals			
		Newlyweds			
		Disciples			
		Prepare for Marriage			

EVENINGS					
3 p.m.		4 p.m.		5 p.m.	
Music Programs & Concerts				Worship	
		Marriage Course		in Chapel with prayer and singing	
GODparents		Youth Choir		Youth Dinner	
				Youth Group	
				Connections-Adult Pro.	
				Institute Class	
				Parenting Teens	
				Sunday Evening Club	

# Come to the DC Festival!

You'll find great food, great music, and a message of good news from Evangelist Luis Palau! Invite your friends and neighbors to a huge party on the National Mall, October 8 and 9. Visit [dcfestival.org](http://dcfestival.org) to learn more or contact the Outreach Office, 202/537-7483.

# NPC Begins New Schedule and Class Offerings

On September 11, a new worship schedule begins, with identical Sunday morning services at 9 and 11 a.m. The services will be familiar, but there are some exciting changes.

First, the Sacrament of Communion will now be offered one Sunday per month in both services, the process alternating month by month between intinction—or coming forward—and distribution in the pews. These celebrations of Communion will normally occur on the first Sunday of each month.

Second, in the coming months you will see new elements in worship. We will celebrate mission and ministry events, our children's Milestones in Worship, as well as occasional recognition of significant happenings in the life of our church family.

## Expansion of Nurture Offerings

**Sunday Mornings:** The change in schedule provides new opportunities for teaching our children and youth to worship. A new Children's Church has been added during the 9 a.m. hour so that young children (Kindergarten through 2nd grade) may worship with their parents, participating in the early liturgy, then be escorted to Room 5 to child-appropriate worship that mirrors the adult service. Youth may worship with youth leaders in the south transept at either service. Children's choir will continue to meet at 8:45 a.m. and Sunday school at 10 a.m.

This schedule provides an opportunity for families to worship together and participate in children's, youth, and adult classes within a two-hour time frame. Premium coffee and refreshments will be served all morning in Stone Hall. More adult class start times provide flexibility for additional classes.

**Sunday Evenings:** Sunday evenings have expanded with the addition of Youth offerings that formerly met on Wednesdays. Youth choir, middle and high school meetings will be scheduled around dinner. There will be an informal worship time of prayer and singing from 6:30 to 7 p.m. in the chapel for all groups meeting on Sunday evenings to gather as a church community. New classes for parents and the Institute for Christian Studies have been added for parents of teens and others, following worship.

All involved in planning and implementing our services at National eagerly anticipate the continuation of a rich heritage of worship and Christian education in the years ahead.

# Steering Clear of Superwoman

## NPC's Women's Seminar on October 29

By Angela Bednarczyk

There are china plates and thin sticks. The performer begins the process of spinning each plate, carefully watching to be sure that each plate continues to spin, adjusting those that have begun to slow down. Multi-tasking for many of today's women can be compared to such a performance. How does one keep everything going? Can all those plates really spin at the same time? Are some more important than others? Are we trying to be superwomen? Is this what God wants for us?

Mary Whelchel, who spoke two years ago at NPC's Women's Spring Retreat, returns to present a seminar at this year's retreat on "Managing our Superwoman Tendencies." Through this one-day conference we will learn about evaluating our priorities in light of biblical principles, how to live without guilt, how to recognize stress that we give ourselves, how to identify what is and what is not "my job," how to live the abundant life that Jesus has promised, and so much more. Mary will be joined by Damaris Carbaugh, an inspiring Christian singer. As Mary describes, "she will sing words of hope and joy right into your heart."

The seminar, held on October 29 at NPC, is open to all women. Bring your friends to this special event. The cost of registration is \$35, which includes lunch and the course manual. To register contact *The Christian Working Woman* at [www.christianworkingwoman.org](http://www.christianworkingwoman.org) or call 1-800-292-1218.



# Tuesdays Together

One of the wonderful benefits of being in Christian community is having the chance to build relationships with one another. A new opportunity for NPC women will begin this fall on the first Tuesday in October. We'll gather in the church parlor from 7 to 9 p.m. to get to know each other better in an informal, relaxed setting. We'll hear some inspirational words and caring prayer, as well as performing some "on-the-spot" service projects. Light refreshments will be served. Please come on October 4 to the first of our gatherings, which will be held on the first Tuesday of each month.

## Are You Ready? NPC e3 Me Fall Class

### Who?

Anyone curious about Christ and his Church

### What?

NPC's prerequisite class for membership

### When?

Sundays, September 25—October 23, 9 — 11 a.m.

Saturday, October 15, 8:30 a.m. — 4 p.m.

### Where?

Sunday classes in the church parlor

Saturday class in the Agencies Building

### Why?

Stellar teaching sessions with Dr.'s Icenogle, Winsheimer and others

Growth

Delight

### How?

Contact the Congregational Care office at 202/537-7525

### Result?

More curiosity about Christ and his Church

First Class  
U.S. Postage  
PAID  
Washington, DC  
Permit No. 9384

The National Presbyterian Church  
4101 Nebraska Ave., N.W.  
Washington, DC 20016  
[www.NationalPres.org](http://www.NationalPres.org)