

VOLUNTEER OPPORTUNITIES

MARTHA'S TABLE

Help the Homeless Walkathon - Martha's Table has a special opportunity that I hope you are interested in on Saturday, November 21st. This is participating in our annual Help the Homeless Walkathon on the National Mall. Getting volunteers involved in this opportunity means so much to Martha's Table, not only to increase awareness and support about homelessness but to get our community of volunteers to march together for an organization they believe in. This year we have to recruit over 3,000 walkers. This is a big task; last year we recruited about 1700 so we have to double our efforts. The walk usually last about 2 hours from 9 to 11am. There is a registration fee of \$15 for youth 25 and under, \$25 for adults, and that money goes directly back to Martha's Table specifically. We also have donors who are willing to sponsor walkers to help this walk be a success in raising awareness of homelessness and helping Martha's Table. It is volunteers that will make the Help the Homeless walk a success for Martha's Table. Please visit www.helpthehomelessdc.org for more information.

Food Preparation - This opportunity would be possible for a large group. Our morning food preparation opportunity runs from 10am to 1pm, and is preparing sandwiches and desserts and chopping vegetables that go out in our mobile soup kitchen, McKenna's Wagon. This opportunity books up about a month in advance during the week, and for the weekends, we are booked through December. We could save a weekend date in 2010 for the National Presbyterian Church, or if you would like to come in during the week, we could save a weekday in November.

McKenna's Wagon - We also have a mobile soup kitchen (McKenna's Wagon) - each evening, from 4:45 to 6:30 pm, we have two vans that leave Martha's Table stocked with sandwiches, soups, and desserts to distribute food at three different stops around DC. We need 8 helpers each evening to travel in the van with an experienced volunteer driver to hand out the food at the different stops.

Daycare - There is an opportunity working in our Daycare, helping the teachers in the Pre-School, Toddler, and Infant classrooms. A requirement is that all people volunteering in the Daycare must have an up-to-date TB shot that tested negative. The opportunities to volunteer in the Daycare are Monday-Friday, 9:30 am-12:30 pm.

Collect Food for MT from NPC - Have 15 minutes to spare after the 11 am service? If you regularly attend the 11 am service and can commit to give 15 minutes of your time one Sunday a month, this will help us to continue our weekly food collection efforts for Martha's Table's Food Pantry. We need volunteers to round up the baskets, posters and food from the two collection points (downstairs outside the Satellite Library and upstairs by the Information Desk) and put them where they belong. That's it! But these 15 minutes will allow us to continue these collections which have provided Martha's Table with almost 2,000 canned or dry food items this calendar year.

Martha's Table is always happy to receive contributions of food, toiletries, pots and pans, bath and bed linens, and items for the daycare center such as diapers, socks and underwear, bandaids and first aid items, facial tissue, bathroom tissue, paper towels, etc.